

Guest Information



We have put together the following information to help you prepare for your stay.

Facilities on site

There is Wifi available throughout the centre and mobile phone signal is good with 4G being picked up around most of the site. There are no shops nearby, so guests should bring everything with them that they are likely to need during their stay. However, we do have a small gift shop on-site selling a small selection of souvenirs and a limited selection of toiletries. Laundry facilities are available for emergency use only. We also have a wide range number of accessible aids available on a first come first serve basis, this includes shower chairs & commodes, door alarms, night lights & audio-visual monitors. Please contact us if you wish to see the list and reserve any items for your stay.

What you need to bring

Whatever time of year you visit, a lot of the time will be spent outdoors, so we advise you to bring comfortable, loose-fitting and warm clothes for activities. All specialised clothing (e.g. waterproofs and wellies) and safety equipment (e.g. helmets and harnesses) will be provided by Bendrigg.

Kit List

	2-7 sets of comfortable loose-fitting clothes for activities (depending on length of stay)
	Trainers
	Warm coat
	Har & gloves (in the colder months)
	Sun hat & sun cream (in the warmer months)
	Water bottle
	Towel
	Toiletries & medication
	Sleep wear
	1 pair of slippers or indoor shoes
	Money for a souvenir from the gift shop

