

Climbing Festival

21st - 23rd January 2022



Perfect for...

anyone aged 13+ with a learning disability or autism who wants to improve their climbing skills & meet new people



**Fully
Inclusive
Festival
Package**

£114
per person



Training Sessions



Climbing Workshops



Bed & Board

Call us now to book your place!
01539 723766

www.bendrigg.org.uk

Bendrigg Trust, Old Hutton, Kendal, Cumbria, LA8 0NR

Are you 13+, have a learning disability or autism, have climbed before and want to improve your climbing skills?



Book your place at the Bendrigg Trust Climbing Festival on **Friday 21st – Sunday 23rd January 2022. It's preferred that Climbers attend the event with a "buddy" or carer.**



The price per person is £114. This is **inclusive of VAT** and everyone will be asked to pay this **including buddies or carers.**



The event **will be based at Bendrigg Trust** (located in Old Hutton, Kendal) but we hope to also use the facilities at **Kendal Climbing Wall** during the weekend.



Workshops will mostly consist of **activities to improve your climbing skills** such as movement, improving safety and lead climbing.



The festival will also include **group activities** that give you an opportunity to socialise and are still relevant to climbing.



A **climbing competition** will be held on the Sunday morning with a presentation of medals and certificates before departure.



This festival is suitable for teenagers & adults with a learning disability or autism who would like to progress their climbing skills and meet new people.



If you'd like to **find out more information or to book** please call Bendrigg Trust on **01539 723766** or email **jo@bendrigg.org.uk**

