

FACILITIES

Bendrigg Trust's specialist facilities allow everyone to enjoy an outdoor adventure experience. Our accessible accommodation including en-suite bathrooms, profile beds and ceiling-mounted hoists cater for people with severe and profound disabilities. The Kinross Building houses our unique climbing wall, indoor cave, sensory room and sports hall providing opportunities for active participation in all weather conditions. All of this is situated in 15-acres of beautiful grounds between the Yorkshire Dales and Lake District National Parks.

Bendrigg Lodge - a variety of bedrooms over 2 floors including accessible rooms. Shared lounge and dining room areas. Sleeps 40. Fully catered only.

Acorn House - completely accessible separate accommodation block with own kitchen, dining area and lounge. Sleeps 24. Self-catering or fully catered options.

Fell End Bunkhouse - self-contained bunkhouse accommodation in the Yorkshire Dales including accessible unit. Sleeps 14. Self catered only.

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Registered charity no: 508450
Company limited by guarantee: 1396557



Learning through adventure



Bendrigg Trust is a specialist outdoor residential centre situated in Kendal, Cumbria. With over 35 years experience of working in the outdoors supporting people with disabilities, we are a leader in our field and are continually developing to ensure we remain at the forefront of disability innovation.

ACTIVITIES

Bendrigg provides residential and day activity courses for all abilities. A variety of adventure-based activities, including caving, climbing and canoeing, promote independence, encourage inclusion and increase self-esteem. No matter what a person's perceived abilities, we support and encourage people to challenge themselves throughout their stay.

We pride ourselves on our flexible, affordable and innovative approach to high quality residential. Every course is tailor-made to your specific aims and needs so you can get the most out of your stay and everyone can take part. Whether you are a school or group, an individual or a family, Bendrigg can help you to achieve through adventure.

We challenge perceptions of disabled and disadvantaged people through adventurous activities; building resilience, increasing confidence and developing potential.