Company Registration Number 01396557
Charity number: 508450

BENDRIGG TRUST

39th Annual Report and Financial Statements

31 DECEMBER 2016

(A company limited by guarantee)

ArmstrongWatson®
Accountants, Business & Financial Advisers

BENDRIGG TRUST
(A company limited by guarantee)

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BENDRIGG TRUST

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REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 DECEMBER 2016

Charity Name	Bendrigg Trust
Trustees	John Holmes, Chairman Tom Hibbert, Treasurer (until May 2016) Judy Goodland Vanda Lambton Simon Drummond-Hay Giles Wingate-Saul Don Harding Deborah Harkness, Treasurer (May 2016 onwards) Tim Lowe Ewan Sale Alyson Groom Phil Batty (resigned 13 May 2016) Judy Rayner Anne Fleck (appointed 3 May 2016) Rachael Hodgson (appointed 13 May 2016) Brian McDonough (appointed 13 May 2016)

Sub-Committees at 31 December 2016:

Management:
John Holmes,Tom Hibbert, Tim Lowe, Alyson Groom, Deborah Harkness, Judy Rayner, Trevor Clarke.

Projects:
John Holmes, Tim Lowe, Simon Drummond-Hay, Trevor Clarke, Sue Murphy.

Fund-raising Events:
Annie Lean, Charlotte Casson, Libby Thompson, Julia Drummond-Hay, Affra Hartree, Sarah Garman.

Bendrigg Ball:
Judy Rayner, Vanda Lambton, Annie Lean, Sarah Garman, Kim Merrick, Janey Hornyold-Strickland, Lucy Sclater, Affra Hartree, Charlotte Casson.

Bendrigg Alternative:
Ewan Sale, Lynne Irish, Tim Lowe, Ian Skillen, Julia Drummond-Hay, Giles Wingate-Saul, Don Harding, Fiona Adams, Trevor Clarke, Rachael Hodgson.

Disciplinary:
Don Harding, John Holmes, Alyson Groom, Judy Goodland.

Appeals:
Giles Wingate-Saul, Vanda Lambton, Ewan Sale.

Company registered number	01396557
Charity registered number	508450
Registered office	Bendrigg Lodge Old Hutton Kendal Cumbria LA8 0NR

REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 DECEMBER 2016

Advisers (continued)

Principal operating office	Bendrigg Lodge Old Hutton Kendal Cumbria LA8 0NR Tel: 01539 723766 Fax: 01539 722446 e-mail: office@bendrigg.org.uk website: bendrigg.org.uk facebook: facebook.com\bendriggtrust twitter: @bendriggtrust
Company secretary	Trevor Clarke MBE (resigned 31 December 2016) Nicholas Liley (appointed 1 January 2017)
Patrons	Sir Chris Bonington CVO CBE DL Sid Perou Claire Hensman - Lord Lieutenant of Cumbria
Independent auditors	Armstrong Watson Audit Limited Fairview House Victoria Place Carlisle Cumbria CA1 1HP
Bankers	National Westminster Bank 10 Elephant Yard Kendal Cumbria LA9 4LZ COIF Charity Funds CCLA, Senator House 85 Queen Victoria Street London EC4V 4ET
Solicitors	Oglethorpe Sturton & Gillibrand 16 Castle Park Lancaster LA1 1YG

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CHAIRMAN'S STATEMENT
FOR THE YEAR ENDED 31 DECEMBER 2016

The chairman presents his statement for the period.

I am pleased to report that we have achieved a small surplus on the year. This has been possible with the continuing support of the Mary Kinross Charitable Trust, the Bendrigg Support Trust and our own fundraising. This support has meant that we have been able to continue helping groups to come to Bendrigg by offering discounts on our fees. Bookings for 2017 are looking stronger which we feel in part is due to the availability of our new Acorn residential building for which bookings are being taken from May 1st 2017.

The construction of this new residential building was started during the year with a planned completion date for the 24th February 2017. For a variety of reasons this date has slipped but we still intend that we shall maintain our May 1st opening. There is a clear indication that this new development is proving attractive to our customers as indicated with the improved bookings for 2017. The cost of Acorn has increased from its original anticipated budget but continued fundraising for Acorn into 2017 is intended to cover this.

Apart from fundraising for Acorn, which continues to be by Trevor Clarke the success of additional fundraising by Sarah Garman continues to grow and has achieved some £279,000 in the year.

Our website has been completely redesigned and Sarah has been heavily involved in actively promoting Bendrigg by carrying out a number of presentations to groups in our area and organising external fundraising events. The distribution of our newsletter continues to grow.

All this significantly increases our profile.

Unfortunately we have made little progress on the completion of the live wire. We now expect to address this once we have Acorn fully in service.

Trevor Clarke retired at the end of 2016 after 33 years' service. For the majority of this time he was Principal. It is due to his enthusiasm and dedication that Bendrigg has grown to be what it is today. Not only has he inspired and overseen the development of Bendrigg but he has been responsible for the considerable fundraising needed for it. The award of the MBE to him was in recognition of the great service he has rendered to Bendrigg and to disabled children nationally. We shall forever be indebted to him. We wish him a long and happy retirement.

Given his considerable input to the creation of our new Residential Centre – Acorn House both in terms of his vision and fund raising for this project we are pleased to advise that he has been retained on a part time consultancy basis of one day per week to see the project through to completion.

We advertised the position of Principal and were very pleased after a full interview process to appoint Nick Liley – our Senior Tutor - to this position. In turn this meant that we needed to then appoint a Senior Tutor and following a further interviewing process we appointed Jonathon Wolfendale who commences in January 2017. Jonathan had a period of time with Bendrigg as a Trainee and then went onto the Calvert Trust from where he joins us.

Tom Hibbert who has served as our Treasurer for many years stepped down from this role at the AGM in May. Tom has been heavily involved with Bendrigg since he was appointed by the Home Office Voluntary Services Unit to monitor a grant they made to Bendrigg in the late 1970's. He stayed on with us becoming a Trustee in 1992 and Treasurer in 2000. We are indebted to him for his considerable expertise and time that he has afforded to us. I am pleased to inform you that he is still a Trustee and is helping our new Treasurer Debbie Harkness.

During the year Vanda Lambton who has been Chairman of our Fund Raising Committee for many years also felt the time had come to relinquish this position. She still remains an active member of the Committee and a Trustee. Vanda has served as Chairman of Bendrigg in the past and we thank her for her considerable contribution she has made to Bendrigg.

Len Smith, our Maintenance Manager, retired in February after 28 years' service and we thank him for his tremendous contribution to Bendrigg and wish him all the very best in his retirement. Ed Hayton has been appointed as Len's successor.

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CHAIRMAN'S STATEMENT
FOR THE YEAR ENDED 31 DECEMBER 2016

During the year one of our Trustees, Phil Batty, retired and we welcomed as Trustees Anne Fleck, Brian McDonough & Rachael Hodgson and look forward to working with them in the future.

Once the Acorn Building is in service we can turn our thoughts to the next phase of our development which includes the upgrade of Oakwood to provide accommodation for Apprentices and the construction of the wheelchair lift shaft from the lower ground area and its high level connection way to the main building.

Finally I would like to record my thanks and appreciation for the continuing help and support given to me by all our staff and fellow Board & Trustees.

John Holmes
Chairman

Date 12.5.17

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 DECEMBER 2016

The Trustees, who are also Directors for the purposes of company law, have pleasure in presenting their report and the financial statements of the charity for the year ended 31 December 2016.

Objectives and Activities

a. POLICIES AND OBJECTIVES

We, the Trustees, have referred to the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning Bendrigg's future activities. In particular, we have considered how planned activities will contribute to the aims and objectives that we have set.

b. STRATEGIES FOR ACHIEVING OBJECTIVES

Activities: Within our 15 acre grounds there is provision for various activities. These include, 8 acres of woodland with a tee pee and yurts, a climbing and abseiling wall, archery range, tube slide, aerial runway, floodlit challenge course, adventure course, a range of orienteering courses and the Kinross Building with its climbing wall, large indoor activities hall, sensory room, indoor cave and conference facilities. We continue to take groups to venues beyond our grounds in the surrounding areas of the Lake District and Yorkshire Dales. These offer a wealth of natural beauty and opportunities for a wide range of other activities such as caving, climbing, canoeing, hill walking and sailing. Such life changing and powerful experiences and opportunities are open to all visitors no matter what their abilities or needs, and therefore people with a disability are provided with the opportunity to benefit from amenities which would not otherwise be available to them.

The Residential Experience: An equally important facet of a residential stay at Bendrigg is the involvement of visitors in the daily routine of the centre. In line with the nature of the course and the abilities of the group, guests, with the guidance, assistance and support of our staff, are asked to help with organising and undertaking certain domestic duties such as setting tables and washing up. They also make their own beds and tidy rooms after use. At Bendrigg we regard these activities as being integral to the wider educational programme and promoting independence.

Client groups: The activities we provide can be made as physically or intellectually challenging as required, with the emphasis on co-operation, fun, teamwork and personal achievement. To this end, we encourage small groups of individuals with different abilities and from different backgrounds to work and live together for a week or just a few days. Visiting groups cover a wide age range, from primary school children to adults. We welcome a real diversity of people from schools and colleges for pupils with special educational needs, disability organisations, youth groups, 'care in the community' groups and other voluntary organisations. We encourage visiting groups to mix in order to share inclusive experiences at Bendrigg. This not only helps to develop important life and social skills, but also gives a significant boost to the personal confidence and self esteem of the beneficiaries. Feedback continues to show significant and life changing benefits.

Bendrigg staff: At Bendrigg we pride ourselves not only on the quality and professionalism of our staff, but also on their sympathetic and sensitive approach to teaching. Therefore every member of the tutorial team has specialist training and holds a range of National Governing Body qualifications. Just as importantly, these experienced people have been chosen for their ability to relate to, and work with, people of all ages, whatever their needs. An on going programme of in house and external training ensures that we continue to provide the highest standards of teaching and safety. We now have a formal trainee programme to boost the staff numbers and promote the specialist skills required for a future tutorial team.

Volunteers: The centre continues to benefit from the wide range of potential help from incoming letters, emails, contacts and enquiries and, although the volunteers come from very diverse backgrounds, they always seem to share the common attributes of commitment and enthusiasm and continue to bring refreshing ideas and energy to the centre.

During 2016 we had a total of 136 volunteers at Bendrigg, offering invaluable help with the general day to day running of the centre and also the never ending tasks of ground maintenance and development. Volunteers at Bendrigg included people who were retired, unemployed, students, as well as people with disabilities. This continues to be of mutual benefit and plays a vital role in allowing the centre to run smoothly. Volunteer feedback is always encouraging and it is certainly felt that their time at the centre is beneficial both to personal development and more importantly to the needs of the group. At times it is quite staggering how many volunteers give their time freely to enhance the quality of the outdoor and social experiences of a Bendrigg course and this is shown by the praise and gratitude they are given by the visiting group leaders.

c. ACTIVITIES FOR ACHIEVING OBJECTIVES

Business objectives for 2016, included:

- Maintaining a body of highly competent and qualified staff and assisting them to obtain professional qualifications so as to help their professional development.

- The building of a new 24 bed, fully accessible, residential unit on site to be called Acorn House to be completed early 2017.

- Fundraising to achieve; donations to cover core costs, a sponsorship fund and current and future capital projects.

- Marketing Bendrigg, Oakwood, Fell End/Greenslack and Kinross Building effectively and also our Spirit of Adventure courses, day activities and our community provision.

- Striving to improve the current financial state of the Trust by achieving a budget surplus to work towards achieving net current assets equivalent to 4 months' expenditure (less depreciation).

d. MAIN ACTIVITIES UNDERTAKEN TO FURTHER THE CHARITY'S PURPOSES FOR PUBLIC BENEFIT

Business objectives for 2016 that contributed to public benefit were:

- offering a very wide range of activities to groups of disabled and disadvantaged people and keeping the running of these activities up to date in line with changes of generally accepted best practice and legislation. During 2016 we continued to deliver programmes of life enhancing and stimulating personal-development courses to these target groups to achieve occupancy of 7,243 bed nights in the Lodge & Oakwood, 157 expedition bednights and an additional 633 people on day courses and visits from local community groups. We also achieved 1,116 bed nights in our Fell End/Greenslack bunkhouse.

- providing opportunities for 34 offenders through the Bendrigg Alternative Scheme.

Achievements and performance

a. KEY FINANCIAL PERFORMANCE INDICATORS

The key financial performance indicator in 2016 was to achieve our target of £789,293 with a net surplus of £10,140. This was based on £658,463 of revenue generated from invoiced income and £130,830 sourced from fundraising.

b. REVIEW OF ACTIVITIES

Course attendance: Statistics are shown at the end of this report. Many visiting groups find it increasingly difficult to secure funding for their residential courses. We have therefore lost some of our regular groups and others have brought smaller groups. Full board bednights for Bendrigg Lodge & Oakwood were lower than in 2015 with a total of 7,243. The number of visiting groups was also lower than the previous year (145). Feedback, using post course evaluation forms, continues to be excellent; reflecting well on the staff who worked hard to maintain the highest standard of bespoke activity programmes for all visitors. Feedback charts are shown at the end of this report. Total number of groups on day courses was 64. Bednights at the Fell End/Greenslack bunkhouse was lower than originally budgeted for at 1,116.

Staff: We continue to give priority to developing and training staff with several gaining additional qualifications during 2016. The Bendrigg Apprentice Scheme continues with 2 new trainees funded by a grant making trust. As well as external training courses, a significant amount of in house training is carried out each year both for staff and trainees. During 2016 training workshops were held for child protection, emergency fire & evacuation procedures as well as in all the various adventurous activities we offer. It is clear that the enthusiasm, dedication and professionalism of the staff continue to inspire and give confidence to all those who attend Bendrigg's courses.

Fundraising: Fundraising continues to be a vital part of our ongoing operations to ensure we are able to support people with disabilities and those facing disadvantage. In 2016 we finally started construction on Acorn House after 3 years of fundraising and work continues to ensure we raise the final shortfall of funds required, mainly for the specialist fixtures and fittings within the building. A new committee was formed to organise the first ever 'Bendrigg Ball' with tickets going on sale at the end of 2016 for the event in February 2017. We are very grateful for the support of everyone involved, particularly Chairman Judy Rayner, for making this such a successful evening.

Bendrigg successfully applied for a BBC Radio 4 Appeal slot which aired in November 2016. Jamie Andrew, mountaineer and quadruple amputee, kindly presented the appeal for us which has raised over £11,500 for our Sponsorship Fund (£9,260 of which was received in 2016) as well as over £5,000 in general and new regular donations. The Appeal was fantastic in terms of raising awareness of our work and has already supported over 150 people with disabilities access our services who would otherwise not have been able to.

The Fundraising Events Committee has continued to keep Bendrigg Trust in the minds of local people and raise general funds by hosting events. A number of events were held throughout the year including our annual Cross Bay Walk, Ceilidh, Fete and 10K race. Individuals chose to support Bendrigg by taking part in challenge events such as the Great North Run, RideLondon and Total Warrior.

Corporate Partnerships are increasing with the addition of Arnold Greenwood and Burton in Kendal Moto Services early in the year as well as TSB and Playdale towards the end of 2016. They join long standing and invaluable supporters White Stuff and we look forward to working with them in the future.

Gifts in Kind have played a huge part in our fundraising for 2016. In September, the Lord's Taverners presented Bendrigg with a new accessible minibus which replaced the oldest minibus in our fleet. This could not have been possible without a grant from the Morrisons Foundation to cover the self help contribution required. Thanks go to both parties for enabling people with disabilities to access the outdoors. The creation of an Amazon Wishlist as well as the ongoing support of individuals and charities has meant that hundreds of pounds of equipment have been donated over the year.

Finally we would like to thank Vanda Lambton for all her years of tireless support and energy chairing the Fundraising Events Committee. Thanks to her enthusiasm and guidance, thousands of disabled people have benefited from the 'Bendrigg Experience'.

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 DECEMBER 2016

Greenslack & Fell End Bunkhouse: 2016 was the 9th year of operation of Greenslack, the additional building at Fell End bunkhouse in the Yorkshire Dales. This enables us to accommodate mixed male/female school age groups and for wheelchair users to enjoy this wonderfully remote location. We are hoping that a greater number of schools, for pupils with special education needs, will be booking this facility in the coming years. Unfortunately there was damage caused by flooding in Greenslack in December 2015 but we had the building back in full use by March.

Bendrigg Alternative Scheme: The Bendrigg Alternative is a unique scheme providing opportunities for selected offenders to become volunteers at Bendrigg for a week at a time. Their role is to help and support a visiting group with all aspects of their activity course. They can either be on a probation programme, serving a custodial sentence or working towards education and/or employment. The scheme, which is now in its 24th year, continues to be managed by the Project Co-ordinator, Lynne Irish.

Supporting people who have a history of offending has always been an integral part of Bendrigg's philosophy and we are delighted to have provided placements during 2016 with such a positive and often life changing experience. We frequently hear how much their experience has meant to them and how significantly it increases their confidence and self worth. There is a clear need for the resettlement of offenders and this scheme is proud to do just that. The visiting members of staff are also very grateful for the extra support these volunteers willingly give. Placement reports are written and provide positive feedback, which can be used as a testimonial or as favourable evidence for a parole board or potential employment.

A committee (see page 1) oversees the scheme and meets quarterly. The Bendrigg Alternative annual report, which includes many personal statements by the volunteers, and the promotional leaflets are available on request.

Spirit of Adventure: Feedback from groups in recent years has demonstrated the need for Bendrigg to provide more opportunities for adults with disabilities to take part in follow up activity programmes, trips and expeditions. Led by Jill Corso, one of our long standing tutors, this programme continues to develop with help from grant making trusts and other sponsorship. During 2016 we ran another canoeing expedition on the Dordogne River in France and a trip down the River Spey in Scotland as well as a number of specialist Canoeing, Caving and Climbing courses at Bendrigg Trust. In 2016 we delivered a Start Yachting Course which took place in the Solent on the South Coast of England. Due to popular demand this course is set to continue in 2017.

Climbing Club: In 2016 we set up an inclusive Climbing Club which 24 young local people participated in across 19 evening sessions. Led by Tutor, Gemma Hendry, the Club aimed to increase the skills and confidence in young people with disabilities and their families, with a view to them being able to continue their climbing at other centres in the local area. Fourteen climbers participated on numerous days with nine of these attending more than five sessions. We see the Climbing Club as a vital part of our work, providing a worthwhile service to the local community and are applying for funding to continue this project into 2017.

Artist in Residence: Donations from grant making trusts have enabled us to continue with the employment of a part time artist at Bendrigg. Emily is a huge success with our visiting groups. Her sculpture trail, through our woodland is greatly admired and continues to develop. The woodland musical instruments and campsite pizza oven continue to be very popular and we now have a new indoor archery activity thanks to Emily's archery target collage in our sports hall. We are applying for grants to ensure her work with us can continue into 2017.

Duke of Edinburgh's Award Scheme: We have two tutors who are qualified to provide and assess D of E courses. Led by Jenny Brindle we are now promoting training and assessment courses at all levels for the Duke of Edinburgh's Award scheme. Bendrigg is one of the very few organisations in the UK with the experience and expertise to provide these courses and we plan to run more 'open' D of E courses for disabled young people during 2017.

Aiming High Field: In 2009, we received funds to develop the lower area of the Bendrigg site, as an activity field. The aim of the project was to develop the activity provision for our residential visitors whilst also providing an activity facility for the local community. In 2016 an accessible playground was built in the field and the archery range was moved from the top of the site down to the field to free up the area for the Acorn House building. Following flooding of the bottom field in December 2015, we gained a grant from the Cumbria Community Foundation to improve the drainage for the area which was completed in November.

c. FUNDRAISING ACTIVITIES/INCOME GENERATION

Fundraising Approach

Bendrigg Trust undertakes charitable fundraising activities to support its mission. In August 2015, an in house Fundraising Officer was appointed to manage and oversee these activities. The Fundraising Officer reports directly to the Principal on a day to day basis with regular reporting to the Management Committee and Council. No external professional or commercial fundraisers are currently used. If this changes, the Trustees will put in place measures to ensure sufficient oversight of any fundraising activities undertaken on Bendrigg's behalf.

Fundraising Standards

Bendrigg Trust supports ethical fundraising that conforms to recognised standards and as such, is voluntarily registered with the Fundraising Regulator as of March 2017. By registering with the Fundraising Regulator, Bendrigg Trust agrees to the commitment made to donors and the public as set out in the Fundraising Promise and agrees to fundraise in accordance with the Code of Fundraising Practice.

Fundraising Complaints & Protection of Public

Bendrigg Trust has received no fundraising complaints. Complaints can be made to the Principal in the first instance with escalation to the Chairman of Trustees if necessary. The complaints procedure is set out in the Fundraising Policy which is reviewed on an annual basis. The Fundraising Policy also sets out measures to protect the public, including vulnerable people from unreasonable intrusion, unreasonably persistent approaches or undue pressure and is available from Bendrigg's website.

d. FACTORS RELEVANT TO ACHIEVE OBJECTIVES

An increasing number of Bendrigg Trust visitors find it difficult to fund their residential trip. To this end, the Trust is committed to ensuring its tariffs remain as low as possible. Achieving the financial objectives is highly dependent on the funds available to schools and disability organisations to deliver its service.

Future plans include:

- Ensuring a support fund is available for those groups who are unable to fund their trip.
- Increasing fundraising activities to help cover core costs.
- Increased marketing efforts to find new business.
- Continuously develop the Bendrigg Trust provision to ensure visitors return.

Financial review

The Statement of Financial Actvities (SOFA) set out on page 19, shows the overall incoming resources (excluding restricted donations) increased to £698k and resources expended on activities increased to £696k.

The above resulted in the Trust making an operating profit of £2k on unrestricted funds.

Without restricted donations of £968k and unrestricted donations of £123k, the Trust would have to charge significantly higher fees, which our client groups would not be able to afford.

Financial review

a. GOING CONCERN

After making appropriate enquiries, the trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason they continue to adopt the going concern basis in preparing the financial statements.

b. FINANCIAL RISK MANAGEMENT OBJECTIVES AND POLICIES

The staff team includes the Bursar and the Chief Executive who are jointly responsible for the day to day financial management of Bendrigg Trust.

The Treasurer, Deborah Harkness, who is a member of Council and the Management Committee and a qualified accountant, has overall oversight of the finances. Another Trustee, Tom Hibbert, a qualified accountant who retired as Treasurer in 2016, attends regularly to carry out checks and monthly reconciliations.

Monthly financial reports are produced which show current performance against budget and against the previous year item by item. In addition a bookings analysis is produced monthly which records reservations taken against budget for the current year and reservations for the following year.

Bendrigg holds buildings, business interruption, third party and employer's liability insurance.

Bendrigg Trust has an underlying policy of holding free reserves equal to 4 months costs excluding depreciation to cover uninsurable events.

At a meeting of Council in February 2016 the Trustees reached the conclusion that it was vitally important to the future of Bendrigg that new accommodation, project name Acorn House, should be provided which would provide facilities for additional visitors and would cater for the higher levels of disability of visitors now coming to Bendrigg. The estimated cost of the project was in the region of £1.25m and Council recognized that, although there had been successful fundraising to that date, the financing of the project would probably reduce the free reserves. Acorn House is nearly complete but as a consequence free reserves are presently beneath the 4 month target. The Trustees are satisfied that the financial position is manageable.

Bendrigg Trust does not place any significant reliance on income from investments.

During 2016 Council very successfully pursued its policy of increasing its income from fundraising so as to be able to contribute to what visitors have to pay. This achievement diversifies Bendrigg's income stream and increases the number of potential visitors.

c. PRINCIPAL RISKS AND UNCERTAINTIES

Principal risks and uncertainties were identified through the Risk Register which was drafted on 23rd February 2017. The risks include, but are not limited to:

- A reduction or cancellation of visitors resulting in reduced revenue.
- A reduction or cessation in flow of funding.
- Change of government or policy creating a more difficult and challenging economic environment.

d. RESERVES POLICY

Free reserves available for use by the Charity are deemed to be those that are realisable, minus funds whose uses are restricted or else designated for particular purposes. The calculation thus excludes funds of £2.66m invested in property and other fixed assets that will continue to be used in the day-to-day running of the charity. As a matter of policy, each year the Trustees review the value of the reserves retained in the form of investments, cash and cash equivalents not held for restrictive purposes or designated projects. The Board considers the Charity's exposure to major risks, in terms of their likely impact on its income sources and planned expenditure in the short to medium term, as well as assessing the best way to mitigate such risks. With income, the major risk is from a decline in course fees, particularly due to the continuing economic situation and other factors leading to reduced bookings and donations.

The present target range for free reserves is £294k, which includes the equivalent of four months total expenditure (£264k) (excluding depreciation) and working capital (£30k) to cope with any emergencies. This year there was a shortfall of £71k in free reserves. At the year end, the Trustees agreed to continue the above target for free reserves. Having reviewed the position, the Trustees are satisfied that this level is appropriate, given the economic outlook.

Free Reserves are calculated as follows:

	2016	2015
Unrestricted funds at 31st December (note 15)	£369k	£367k
Less investment in tangible fixed assets for the charity's own use	£124k	£113k
Less designated funds (for current programme of capital projects)	£22k	£53k
Undesignated, unrestricted funds at year end (free reserve)	£223k	£201k

e. PRINCIPAL FUNDING

Bendrigg Trust's principal funding comes through course fees, general donations and grant making trusts.

Structure, governance and management

a. CONSTITUTION

The organisation is a charitable company limited by guarantee, incorporated on 27 October 1978 and registered as a charity on 15 February 1979.

The company was established under a Memorandum of Association which contains the objects and powers of the charitable company and is governed in accordance with its Articles of Association. The subscribers are referred to as Members. In the event of the company being wound up the Members are required to contribute an amount not exceeding £5.

The principal object of the company is to provide high quality courses for disabled and disadvantaged people. It aims to promote inclusion, encourage independence and build self-confidence through the use of residential experience and the safe provision of adventurous activities delivered by dedicated, qualified staff.

b. METHOD OF APPOINTMENT OR ELECTION OF TRUSTEES

A full list of Trustees, making up the Council of Bendrigg Trust, is given on page 1.

The Directors of the company are also charity trustees for the purposes of charity law and under the Company's Articles are known as Trustees and make up the Council.

Under the Articles, the Trustees are elected by the Members in the General Meeting to serve a period of three years. Of the elected Trustees one third retire every year and are eligible for re election. Those Trustees retiring are those who have been longest in office since their last election.

Judy Rayner, Tim Lowe, Deborah Harkness and Don Harding all retire by rotation at the AGM in May 2017. All four of these Trustees offer themselves for re election.

Any new candidate as a Trustee is invited to provide a CV. Those without background knowledge of Bendrigg are given a tour and invited to attend Council and/or Management Committee meetings before they commit themselves. If they feel that they have skills which would be supportive of Bendrigg's work, they are invited to offer themselves for election as a Trustee. The aim is to have a mix of skills amongst the Trustees which matches Bendrigg's needs.

c. POLICIES ADOPTED FOR THE INDUCTION AND TRAINING OF TRUSTEES

After being elected a new Trustee is provided with the main documents which set out the operational framework of the charity including the Memorandum and Articles, business plan and financial statements. Many Trustees make frequent visits to Bendrigg, in some cases at least weekly, giving rise to an easy and informed relationship with the Principal, the rest of the staff and other Trustees.

d. PAY POLICY FOR SENIOR STAFF

Bendrigg Trust's approach to paying senior staff is to appropriately reward staff. It recognises the need to ensure value for money for the charity, balanced with the need to recruit and retain staff. The Board of Trustees is responsible for defining the policy and deciding on the salaries of the Principal and Senior Managers and all salaries are reviewed on an annual basis.

e. ORGANISATIONAL STRUCTURE AND DECISION MAKING

The Council meets quarterly and is responsible for the strategic direction and policy of the charity. Sub committees (for brevity referred to as committees see page 1 for memberships) consider the detail and report back to the Council. These committees are as follows:

- **Management Committee:** Chaired by the Chairman of Trustees, the committee considers finance, health & safety, human resources, activities, insurance, buildings and grounds. The programme of meetings allows for discussions in depth on each of these topics at least annually in addition to consideration of the matters of the moment. This committee also makes an annual tour of each building and of the grounds. Sub groups also take an advisory role in specialist areas. This approach allows a methodical examination of the various responsibilities which make up the overall management system.

- **Fundraising Events Committee:** The innovative Fundraising Events Committee runs a variety of events to help bridge the gap between true costs and that which Bendrigg's clientele can afford. It is therefore vital to Bendrigg's mission. In many instances fundraising events are also used to inform the wider public about Bendrigg Trust and its work.

- **Acorn Projects:** This major project received full planning permission in January 2014. The projects committee reconvened to oversee the building phase, which commenced in July 2016 and will be completed in April 2017. The purpose of this project is to create a new 24 bed residential unit in the grounds of Bendrigg Lodge. Once completed there are further plans to build an activities tower & tree top walkway. It is also subsequently planned to increase the size of the resource centre and make significant improvement to the roadside area and car parking.

- **Bendrigg Alternative Committee:** This committee, made up from Trustees and Members, plus co opted outside members, is dedicated to the Bendrigg Alternative Scheme for offenders.

- **The Disciplinary Committee:** This committee performs the function of determining any disciplinary issues under the staff contracts.

- **The Appeals Committee:** This committee performs the dual function of determining any appeal from a decision of the Disciplinary Committee and resolving any grievance raised under the grievance procedure set out in the staff contracts.

Each of the above committees has 'terms of reference' and is accountable to the Council.

A scheme of delegation is in place and day to day responsibility for the running of Bendrigg lies with the Principal and, through him, with the Senior Tutor and the Bursar who are the senior line managers.

The Principal's ultimate responsibilities include those for human resources, outdoor activities, health & safety, marketing, buildings & grounds and financial management. The Principal's authority is established in terms of reference, which include statements on matters which must be referred to the committees above. The Senior Tutor manages the tutorial staff and running of courses and associated activities. The Bursar manages the non tutorial staff and all financial records, provides all the financial information and other data necessary for Management Committee and Council meetings and takes the minutes for those meetings.

f. RISK MANAGEMENT

The risks considered in this statement are classified as follows:

(1) Governance
(2) Financial
(3) Operational
(4) External

Risk Register

The management of risk will in future be assisted by the use of a Risk Register ('the Register') the drafting of which by a sub committee was completed on 23rd February 2017. Action dates of 30th June 2017 and 31st December 2017 are identified in the Register which will be reviewed regularly by the sub committee.

Governance Risks

Bendrigg Trust is a company limited by guarantee. The Annual General Meeting takes place in May each year when the Annual Report and Accounts, previously approved by the Trustees, are presented to members and the year's performance is reviewed.

The Trustees of Bendrigg Trust meet four times each year in Council. In addition the Trustees receive monthly performance reports and the Minutes of each Management Committee as they are produced and any Trustee concerned about the contents of any of the above can request that an additional Council meeting is called. All meetings are attended by the chief executive and the bursar.

The following committees report to Council. Each has written Terms of Reference which are reviewed regularly. The committees (with reporting frequency) are:

- Management (regular):
- Bendrigg Alternative (regular):
- Marketing (regular):
- Fundraising (as and when needed):
- Disciplinary (dependent upon events):
- Appeals (dependent upon events):
- Task to Finish (commonly a committee overseeing a project which reports, through common membership, to the Management Committee).

The Management Committee is formed of six Trustees who meet six times a year with additional meetings if needed. The work of the committee is structured in accordance with a schedule of work with additional items covered as required. All meetings are attended by the principal and the bursar.

In addition to Trustee members, the Bendrigg Alternative and Fundraising Committees have co opted members to broaden the experience and enhance the work of those committees.

The Trustees are satisfied that the above governance structure is appropriate to the activities of the Bendrigg Trust and that it operates satisfactorily. Trustee succession planning is a subject which will be addressed in 2017 as identified in the Register.

Financial Risks

Please see the financial risk management objectives and policies section of the report.

Operational Risk
The Adventure Activities Licensing Service (AALS), a division of the Health and Safety Executive, carries out biennial inspections as well as spot checks. Inspections cover the safety management of activities, including risk assessments, staff qualifications and maintenance of any equipment used in activities. It also seeks to assess whether a "culture of safety" exists within the organization. Bendrigg Trust undertakes to perform to the requirements and guidance of AALS and does so.

Bendrigg Trust is the holder of the Gold Standard Award of the Association of Heads of Outdoor Education Centres (AHOEC). This is an approved scheme of the Adventure Activities Industry Advisory Committee (AAIAC). The gold standard is linked to two other awards (a) the "Learning outside the Classroom Quality Badge" (LOtC) and (b) "Adventuremark".

All staff leading activities at Bendrigg hold the relevant National Governing Body qualification or will have been assessed as competent by an appropriately experienced and qualified person as required by AALS.

Bendrigg Trust has a Health and Safety policy and a linked Code of Practice: these include generic risk and risk/benefit analyses supported by site specific risk assessments. Bendrigg Trust pays particular attention to the need to attain an appropriate balance between risk and benefit. Senior staff and Council believe that this need has been fulfilled by careful consideration of procedures and analysis of incidents and resultant statistics. Regular reports on Health and Safety are made to the Management Committee and these also come before Council.

Bendrigg has an appropriate wide ranging Child & Vulnerable Adults Protection Policy with annual staff and induction training. Checks under the enhanced 'Disclosure & Barring Scheme' (DBS) are carried out on all Bendrigg staff and include long term and regular volunteers, trainees and student placements.

Bendrigg Trust complies with current fire safety legislation. Cumbria Fire Service carries out regular inspections to check that the buildings meet the necessary Fire Safety standards.

Bendrigg Trust holds a 5 Star rating for food safety.

External Risks
Potential external risks include changing economic circumstances, changing social policies of local authorities, changing government policy and/or damaged reputational risk.

Bendrigg Trust continues to enjoy an excellent reputation for its professional and compassionate approach and protects this reputation through the quality of its staff, staff training, good support by administrative staff and high quality facilities. Any effect on income due to damage to its reputation remains likely to be manageable using the free reserves.

The Trustees believe that Bendrigg Trust is emerging from the economic downturn and resulting policy changes in a controlled manner and that the measures which have been taken to further adjust its business model and improve its facilities (see Financial Risks above) will enable it to react to and deal with any further changes.

Plans for future periods

a. FUTURE DEVELOPMENTS

Bendrigg Trust plans to continue all its current activities and aims to add to the list with more development of new facilities and activities onsite. The dedication of the staff, Trustees, Members and volunteers, together with the support of its benefactors, remains vital to Bendrigg's mission.

Although the national economic situation is improving, it has resulted in reduced local authority services and budgets making it harder for groups to afford our fees. We therefore need to continue to be proactive with marketing and initiatives to attract new bookings. We continue to have a presence at specialist exhibitions and local events however our main focus will be on our website and social media presence. Our website was updated in 2016 which has proven to be a worthwhile development attracting new visitors to the centre. The trend for bookings from groups with more severe disabilities continues. This requires increased staffing resources and our costs are therefore higher as a result. As our charges inevitably rise this makes it even harder for visiting groups to afford our fees. We will target fundraising resources to increase our general fund and also increase the sponsorship fund for groups unable to afford our full fees. The 'Bendrigg Supporters Club' will continue to be promoted and there is a detachable form at the back of this report to complete and return.

We will continue to make improvements to the 'Aiming High' field, which will provide additional on site facilities and activities for residential groups. We are also committed to making our facilities more accessible and available to the disabled community in our local area of South Lakeland. However our main priorities in 2017 will be to ensure we see the successful commissioning of Acorn House, a fully accessible building with 24 beds and facilities for the most severely disabled client groups. Fundraising will continue to see the project completed in the way of furnishings and fittings and will be open for visiting groups by May 2017. Further projects are also planned and include an activities tower near the bottom of the ropes course to provide a passenger lift leading up to a tree top walkway; making it much easier for groups with wheelchair users to move from the lower parts of the site back to the main buildings. It is also planned to increase the size of the current Resource Centre and to convert the Oakwood annexe to accessible toilets in the grounds and accommodation for our trainees. Much fundraising and significant grants and sponsorship will be needed to turn these plans into a reality over the course of the next few years.

Further plans include the continuation of the Spirit of Adventure courses, the Bendrigg Alternative Scheme, the Bendrigg Climbing Club, the Artist in Residence work and our Duke of Edinburgh courses.

Fixed Assets
The Trustees are of the opinion that the market value of the charity's properties is substantially in excess of the net book amount but, in the absence of a recent valuation, the amount of the excess is not quantified. Details are set out in the note 11 to the financial statements on page 29. The charity's assets are available and adequate to fulfil the obligations of the charity.

Related Parties
The charity has a very close relationship with The Bendrigg Support Trust, ("The Support Trust"). The Support Trust is established for the purposes of supporting the work of Bendrigg Trust. The charity also has a close relationship with The Mary Kinross Charitable Trust which, in particular, supports the Bendrigg Alternative scheme. These charitable trusts provide regular donations to Bendrigg Trust as described in the Related Party Transactions, note 22 to these accounts on page 34.

TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 DECEMBER 2016

TRUSTEES' RESPONSIBILITIES STATEMENT

The Trustees (who are also directors of Bendrigg Trust for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

DISCLOSURE OF INFORMATION TO AUDITORS

Each of the persons who are Trustees at the time when this Trustees' report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant audit information of which the charitable company's auditors are unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant audit information and to establish that the charitable company's auditors are aware of that information.

This report was approved by the Trustees on 12 May 2017 and signed on their behalf by:

Mr N Liley
Secretary

BENDRIGG TRUST

(A company limited by guarantee)

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF BENDRIGG TRUST

We have audited the financial statements of Bendrigg Trust for the year ended 31 December 2016 which comprise the Statement of financial activities incorporating income and expenditure account, the Balance sheet, the Cash flow statement and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, for our audit work, for this report, or for the opinion we have formed.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND AUDITORS

As explained more fully in the Trustees' responsibilities statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

SCOPE OF THE AUDIT OF THE FINANCIAL STATEMENTS

A description of the scope of an audit of financial statements is provided on the Financial Reporting Council's website at www.frc.org.uk/auditscopeukprivate.

OPINION ON FINANCIAL STATEMENTS

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 December 2016 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

OPINION ON OTHER MATTER PRESCRIBED BY THE COMPANIES ACT 2006

In our opinion, based on the work undertaken in the course of the audit, the information given in the Trustees' report for the financial year for which the financial statements are prepared is consistent with those financial statements and such reports have been prepared in accordance with applicable legal requirements.

BENDRIGG TRUST
(A company limited by guarantee)

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF BENDRIGG TRUST

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustee's Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Karen A Rae .

Karen A Rae FCCA
For and on behalf of
Armstrong Watson Audit Limited
Statutory Auditors
Carlisle
Date: 19 May 2017

BENDRIGG TRUST

(A company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES INCORPORATING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 DECEMBER 2016

	Note	Unrestricted funds 2016 £	Restricted funds 2016 £	Total funds 2016 £	*Total funds* 2015 £
INCOME FROM:					
Staff sponsorship	2	-	54,860	54,860	56,500
Project donations	2	-	855,750	855,750	180,436
General donations	2	123,354	-	123,354	75,473
Sponsored courses	2	-	57,807	57,807	4,830
Charitable activities	4	570,594	-	570,594	621,963
Investments	3	4,181	-	4,181	5,642
TOTAL INCOME		698,129	968,417	1,666,546	944,844
EXPENDITURE ON:					
Raising funds	5	15,541	13,387	28,928	18,308
Charitable activities	6	680,554	190,574	871,128	832,781
TOTAL EXPENDITURE	7	696,095	203,961	900,056	851,089
NET INCOME BEFORE OTHER RECOGNISED GAINS AND LOSSES		2,034	764,456	766,490	93,755
NET MOVEMENT IN FUNDS		2,034	764,456	766,490	93,755
RECONCILIATION OF FUNDS:					
Total funds brought forward		366,991	2,367,279	2,734,270	2,640,515
TOTAL FUNDS CARRIED FORWARD		369,025	3,131,735	3,500,760	2,734,270

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 23 to 35 form part of these financial statements.

BENDRIGG TRUST

(A company limited by guarantee)
REGISTERED NUMBER: 01396557

BALANCE SHEET
AS AT 31 DECEMBER 2016

	Note	2016 £	2016 £	2015 £	2015 £
FIXED ASSETS					
Tangible assets	11		**2,666,286**		2,220,892
CURRENT ASSETS					
Stocks	12	**5,715**		5,859	
Debtors	13	**80,343**		40,392	
Cash at bank and in hand	18	**852,995**		512,685	
		939,053		558,936	
CREDITORS: amounts falling due within one year	14	**(104,579)**		(45,558)	
NET CURRENT ASSETS			**834,474**		513,378
NET ASSETS			**3,500,760**		2,734,270
CHARITY FUNDS					
Restricted funds	15		**3,131,735**		2,367,279
Unrestricted funds	15		**369,025**		366,991
TOTAL FUNDS			**3,500,760**		2,734,270

The financial statements were approved by the Trustees on 12 May 2017 and signed on their behalf, by:

.....
John Holmes, Chair

.....
Deborah Harkness, Treasurer.

The notes on pages 23 to 35 form part of these financial statements.

BENDRIGG TRUST

(A company limited by guarantee)

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 DECEMBER 2016

	Note	2016 £	2015 £
Cash flows from operating activities			
Net cash provided by operating activities	17	**888,796**	149,643
Cash flows from investing activities:			
Dividends, interest and rents from investments		**4,181**	5,642
Purchase of tangible fixed assets	11	**(552,667)**	(17,366)
Net cash used in investing activities		**(548,486)**	(11,724)
Change in cash and cash equivalents in the year		**340,310**	137,919
Cash and cash equivalents brought forward		**512,685**	374,766
Cash and cash equivalents carried forward	18	**852,995**	512,685

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2016

1. ACCOUNTING POLICIES

1.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006

Bendrigg Trust meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

1.2 Reconciliation with previous Generally Accepted Accounting Practice

In preparing these accounts, the Trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 the restatement of comparative items was required.

No restatements were required.

1.3 Company status

The company is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to £5 per member of the company.

1.4 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

1. ACCOUNTING POLICIES (continued)

1.5 Income

Income from charitable activities

Income from charitable activities represents the invoiced amount of goods sold and services provided stated net of value added tax.

Donations

Donations are included in the accounts in the period to which they relate.

Legacies

Legacies are included in the accounts on a cash received basis or where there is a certainty of receipt and the amount is quantifiable.

Capital grants

Grants and donations in respect of fixed assets are recognised in full in the Statement of Financial activities in the period in which they are receivable and are credited to a restricted capital reserve.

Gifts in kind

Gifts in kind donated for distribution are included at valuation and recognised as income when they are distributed to the projects. Gifts donated for resale are included as income when they are sold. Donated facilities are included at the value to the company where this can be quantified and a third party is bearing the cost. No amounts are included in the financial statements for services donated by volunteers.

1. ACCOUNTING POLICIES (continued)

1.6 Expenditure

Charitable expenditure comprises costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be directly allocated to such activities and costs of an indirect nature necessary to support them. Expenditure has been charged to the income and expenditure account on an accruals basis.

All costs have been allocated between expenditure categories in proportion to the usage that the trustees deem appropriate for that particular charitable activity.

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration on each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which is an estimate, based on staff time, of the amount attributable to each activity:

Telephone costs are allocated as follows:

General charitable activities	80%
Fundraising costs	20%

The principal's salary has been allocated on the following basis:

General charitable activities	90%
Fundraising costs	10%

The fundraiser's salary has been allocated on the following basis:

General charitable activities	50%
Fundraising costs	50%

1.7 Tangible fixed assets and depreciation

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Freehold property	-	2% Straight line per annum
Leasehold property	-	4% Straight line per annum
Motor vehicles & trailers	-	25% Reducing balance
Fixtures, fittings & equipment	-	10%/20% Straight line per annum
Sports installations	-	10% Straight line per annum

1.8 Investments

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance sheet date, unless fair value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and shown in the heading 'Gains/(losses) on investments' in the Statement of financial activities incorporating income and expenditure account.

1. ACCOUNTING POLICIES (continued)

1.9 Stocks

Stocks are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow-moving stocks. Cost includes all direct costs and an appropriate proportion of fixed and variable overheads.

1.10 Taxation

The charitable company is exempt from corporation tax on its charitable activities.

1.11 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the Bank.

1.12 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.13 Cash at Bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.14 Pensions

The company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the company to the fund in respect of the year.

1.15 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised within interest payable and similar charges.

1.16 Financial instruments

The trust only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2016

2. INCOME FROM DONATIONS AND LEGACIES

	Unrestricted funds 2016 £	Restricted funds 2016 £	Total funds 2016 £	*Total funds* 2015 £
Staff sponsorship	-	**54,860**	**54,860**	56,500
Project donations	-	**855,750**	**855,750**	180,436
General donations	**123,354**	-	**123,354**	75,473
Sponsored courses	-	**57,807**	**57,807**	4,830
Total donations and legacies	**123,354**	**968,417**	**1,091,771**	317,239

In 2015, of the total income from donations and legacies, *£75,473* was to unrestricted funds and *£241,766* was to restricted funds.

3. INVESTMENT INCOME

	Unrestricted funds 2016 £	Restricted funds 2016 £	Total funds 2016 £	*Total funds* 2015 £
Bank interest received	**4,181**	-	**4,181**	5,642

In 2015, of the total investment income, *£5,642* was to unrestricted funds and £ *NIL* was to restricted funds.

4. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted funds 2016 £	Restricted funds 2016 £	Total funds 2016 £	*Total funds* 2015 £
Course fees and sundry	**570,594**	-	**570,594**	621,963

In 2015, of the total income from charitable activities, *£621,963* was to unrestricted funds and £ *NIL* was to restricted funds.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2016

5. EXPENDITURE ON RAISING FUNDS

	Unrestricted funds 2016 £	Restricted funds 2016 £	Total funds 2016 £	*Total funds* 2015 £
Telephone	**1,014**	**-**	**1,014**	905
Direct fundraising costs	**9,463**	**-**	**9,463**	2,173
Staff costs	**5,064**	**13,387**	**18,451**	15,230
	15,541	**13,387**	**28,928**	18,308

In 2015, of the total expenditure on raising funds, *£3,207* was to unrestricted funds and *£15,101* was to restricted funds.

6. CHARITABLE ACTIVITIES

	Activities £	Total 2015 £
Goods for resale	**7,053**	6,349
Rates and water	**9,934**	5,329
Light and heat	**25,301**	25,427
Repairs and maintenance	**22,146**	19,998
Insurance	**15,842**	14,930
Motor vehicle expenses	**26,408**	21,192
Telephone	**4,057**	3,621
Provisions and household	**76,964**	78,474
Sundry expenses	**6,946**	2,006
Outdoor equipment	**10,229**	10,811
Staff training	**7,164**	7,068
Advertising and sponsorship	**4,439**	2,204
Bank charges	**1,026**	1,099
Printing, post and stationery	**8,018**	8,250
Freelance instructors fees	**15,144**	13,150
Audit and professional fees	**5,300**	5,025
Indemnity insurance	**946**	925
Professional fees	**-**	730
Wages and salaries	**459,649**	444,313
National insurance	**35,699**	32,115
Pension cost	**21,590**	20,575
Depreciation	**107,273**	109,190
	871,128	832,781

In 2015, the company incurred the following Direct costs:

£826,831 in respect of charitable activites and £5,950 in respect of governance costs.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2016

7. ANALYSIS OF RESOURCES EXPENDED BY EXPENDITURE TYPE

	Staff costs 2016 £	Depreciation 2016 £	Other costs 2016 £	Total 2016 £	*Total* 2015 £
Expenditure on raising funds	**18,451**	**-**	**10,477**	**28,928**	18,308
Costs of generating funds	**18,451**	**-**	**10,477**	**28,928**	18,308
Direct costs	**516,938**	**107,273**	**246,917**	**871,128**	832,781
	535,389	**107,273**	**257,394**	**900,056**	851,089

8. NET INCOMING RESOURCES/(RESOURCES EXPENDED)

This is stated after charging:

	2016 £	2015 £
Depreciation of tangible fixed assets:		
- owned by the charity	**107,273**	109,190
Auditors' remuneration	**5,300**	5,025
Pension costs	**22,561**	20,912

9. AUDITORS' REMUNERATION

	2016 £	2015 £
Fees payable to the company's auditor and its associates for the audit of the company's annual accounts	**4,190**	3,970
Fees payable to the company's auditor and its associates in respect of:		
All other non-audit services not included above	**1,110**	1,055

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2016

10. STAFF COSTS

Staff costs were as follows:

	2016 £	2015 £
Wages and salaries	**475,472**	459,206
Social security costs	**37,356**	32,115
Other pension costs	**22,561**	20,912
	535,389	512,233

The average number of persons employed by the company during the year was as follows:

	2016 No.	2015 *No.*
Tutorial staff	**14**	15
Administrative and support staff	**6**	6
Maintenance staff	**1**	1
Catering and domestic staff	**6**	6
	27	28

No employee received remuneration amounting to more than £60,000 in either year.

During the year, key management personnel consisting of 3 employees received remuneration totalling £102,819.

During the year, no trustees received any remuneration, benefits in kind or reimbursement of expenses (2015 - £NIL).

11. TANGIBLE FIXED ASSETS

	Freehold property £	Leasehold Property £	Motor vehicles & trailers £	Fixtures, fittings & equipment £	Total £
Cost					
At 1 January 2016	**2,696,711**	**76,456**	**133,156**	**491,745**	**3,398,068**
Additions	**471,883**	**-**	**45,000**	**35,784**	**552,667**
At 31 December 2016	**3,168,594**	**76,456**	**178,156**	**527,529**	**3,950,735**
Depreciation					
At 1 January 2016	**603,933**	**29,317**	**110,086**	**433,840**	**1,177,176**
Charge for the year	**54,046**	**3,058**	**9,157**	**41,012**	**107,273**
At 31 December 2016	**657,979**	**32,375**	**119,243**	**474,852**	**1,284,449**
Net book value					
At 31 December 2016	**2,510,615**	**44,081**	**58,913**	**52,677**	**2,666,286**
At 31 December 2015	2,092,778	47,139	23,070	57,905	2,220,892

11. TANGIBLE FIXED ASSETS (continued)

The freehold at Bendrigg Lodge was transferred from the Mary Kinross Trust on 12 March 1985 as a gift. The freehold is not included in the financial statements as an asset but has a substantial market value.

A 25 year lease on Greenslack was agreed in April 2006.

12. STOCKS

	2016	2015
	£	£
Stock	**5,715**	5,859

13. DEBTORS

	2016	2015
	£	£
Trade debtors	**14,414**	25,201
Other debtors	**52,398**	-
Prepayments and accrued income	**13,531**	15,191
	80,343	40,392

14. CREDITORS: Amounts falling due within one year

	2016	2015
	£	£
Trade creditors	**25,508**	12,424
Other taxation and social security	**-**	9,126
Other creditors and deferred income	**54,285**	18,733
Accruals	**24,786**	5,275
	104,579	45,558

	£
Deferred income	
Deferred income at 1 January 2016	**18,733**
Resources deferred during the year	**54,285**
Amounts released from previous years	**(18,733)**
Deferred income at 31 December 2016	**54,285**

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2016

15. STATEMENT OF FUNDS

	Brought Forward £	Income £	Expenditure £	Transfers in/out £	Carried Forward £
Designated funds					
Designated Funds	**52,590**	**-**	**(5,159)**	**(25,215)**	**22,216**
General funds					
General Funds	**314,401**	**698,129**	**(690,936)**	**25,215**	**346,809**
Total Unrestricted funds	**366,991**	**698,129**	**(696,095)**	**-**	**369,025**
Restricted funds					
Restricted Funds Income	**26,554**	**155,282**	**(109,989)**	**-**	**71,847**
Restricted Funds Capital	**2,340,725**	**813,135**	**(93,972)**	**-**	**3,059,888**
	2,367,279	**968,417**	**(203,961)**	**-**	**3,131,735**
Total of funds	**2,734,270**	**1,666,546**	**(900,056)**	**-**	**3,500,760**

Designated Funds

The Trustees have designated £22,216 of unrestricted funds for the following purposes:-

Unspecified capital items	£10,000
Aiming High field development including Live Wire	£8,608
Investment in LED lighting	£3,608

A transfer of £25,215 has been made from designated funds to general funds to reduce the Trustees' designations at the year end date.

Restricted Capital Funds

a) Incoming resources given specifically to provide fixed assets, as reduced over the useful economic life of those assets in line with their depreciation £2,519,680 (2015 - £2,108,155).

b) Incoming resources given specifically for the purposes of acquiring fixed assets that are currently being held until sufficient funds have been raised to enable the Trust to commence these capital projects £540,208 (2015 - £232,570).

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2016

15. STATEMENT OF FUNDS (continued)

Restricted Income Funds

Funds received which are restricted to specific revenue expenditure, such as fundraising and marketing costs, are included within Restricted Funds Income.

SUMMARY OF FUNDS

	Brought Forward £	Income £	Expenditure £	Transfers in/out £	Carried Forward £
Designated funds	**52,590**	**-**	**(5,159)**	**(25,215)**	**22,216**
General funds	**314,401**	**698,129**	**(690,936)**	**25,215**	**346,809**
	366,991	**698,129**	**(696,095)**	**-**	**369,025**
Restricted funds	**2,367,279**	**968,417**	**(203,961)**	**-**	**3,131,735**
	2,734,270	**1,666,546**	**(900,056)**	**-**	**3,500,760**

16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds 2016 £	Restricted funds 2016 £	Total funds 2016 £	*Total funds* 2015 £
Tangible fixed assets	**124,137**	**2,542,149**	**2,666,286**	2,220,892
Current assets	**326,827**	**612,226**	**939,053**	558,937
Creditors due within one year	**(81,939)**	**(22,640)**	**(104,579)**	(45,559)
	369,025	**3,131,735**	**3,500,760**	2,734,270

17. RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2016 £	2015 £
Net income for the year (as per Statement of financial activities)	**766,490**	93,755
Adjustment for:		
Depreciation charges	**107,273**	109,190
Dividends, interest and rents from investments	**(4,181)**	(5,642)
Decrease in stocks	**144**	213
Increase in debtors	**(39,951)**	(18,990)
Increase/(decrease) in creditors	**59,021**	(28,883)
Net cash provided by operating activities	**888,796**	149,643

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2016

18. ANALYSIS OF CASH AND CASH EQUIVALENTS

	2016 £	2015 £
Cash in hand	**852,995**	512,685
Total	**852,995**	512,685

As at 31 December 2016 of the total cash in hand £240,769 (2015 - £253,561) was in relation to unrestricted funds. Of the unrestricted cash in hand, £54,285 (2015 - £18,733) was in relation to payments received in advance of courses.

As at 31 December 2016 of the total cash in hand £612,226 (2015 - £259,124) was in relation to restricted funds. Of the restricted cash in hand, £535,257 (2015 - £218,687) was held in relation to the Acorn Project.

19. CONTINGENCIES

Lottery Grant Funding

The charity received grants totalling £243,364 during the financial years 1999 and 2000 to fund the development of improvements to the accommodation in Bendrigg Lodge and also a grant of £200,000 between 2007 and 2008 towards the construction of the Kinross Building. The charity may not dispose of these buildings without the prior written permission of the lottery board, nor use the building as security for a loan. This restriction shall be in force for 80 years from the date of the grants.

20. PENSION COMMITMENTS

The company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. The pension cost charge represents contributions payable by the company to the fund and amounted to £22,561 (2015 - £20,912). There were no outstanding contributions at the balance sheet date (2015 - £NIL).

21. OPERATING LEASE COMMITMENTS

At 31 December 2016 the total of the Charity's future minimum lease payments under non-cancellable operating leases was:

	2016 £	2015 £
Amounts payable:		
Within 1 year	**986**	923
Between 1 and 5 years	**2,228**	2,020
Total	**3,214**	2,943

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2016

22. RELATED PARTY TRANSACTIONS

The charity has a very close relationship with The Bendrigg Support Trust. The Support Trust is established for the purpose of supporting the work of the Bendrigg Trust. A revenue grant of £25,000 (2015 - £20,000) were received during the year. Mr J Holmes and Mr T Lowe, Trustees, are also Trustees of The Bendrigg Support Trust.

The charity also has a close relationship with The Mary Kinross Charitable Trust through an influential member who is also on the Bendrigg Alternative Committee. A revenue grant of £14,800 (2015 - £13,500) was received during the year to support the work of the Bendrigg Alternative scheme, £30,000 was received for the Marketing and Fundraiser post (2015 - £30,000) and £20,000 was received for course sponsorship (2015 - £NIL). Restricted capital grants were received towards the Acorn House project of £200,000 (2015 - £NIL).

During the year the charity incurred costs of £946 (2015 - £925) relating to indemnity insurance for the trustees.

There were no outstanding balances with related parties at 31st December 2016 (2015 - £NIL).

23. FIRST TIME ADOPTION OF FRS 102

It is the first year that the company has presented its financial statements under SORP 2015 and FRS 102. The following disclosures are required in the year of transition. The last financial statements prepared under previous UK GAAP were for the year ended 31 December 2015 and the date of transition to FRS 102 and SORP 2015 was therefore 1 January 2015. As a consequence of adopting FRS 102 and SORP 2015, a number of accounting policies have changed to comply with those standards.

The policies applied under the company's previous accounting framework are not materially different to FRS 102 and have not impacted on funds or net income/expenditure.

Bendrigg Trust
Company Limited By Guarantee
Year ended 31st December 2016

Grants & Donations

	Restricted Capital	Restricted Other	Unrestricted	Total	
	£	£	£	£	
Sponsorship fund	-	57,807	-	57,807	a
Acorn House project	759,145	-	-	759,145	b
Staffing grants	-	54,860	-	54,860	c
Other projects	53,990	42,615	-	96,605	d
General fund	-	-	123,354	123,354	e
Total	**813,135**	**155,282**	**123,354**	**1,091,771**	

a) Sponsorship fund

Barrow in Furness Rotary Club	250	
BBC Radio 4 Appeal	9,260	
Bendrigg Support Trust	5,000	
Bruce Wake Charitable Trust	3,000	
CB & HH Taylor 1984 Trust	1,000	
Furness Rotary Club	500	
John Horniman Trust	10,000	
Kendal Rotary Club	800	
Kendal South Westmorland Rotary Club	500	
Mary Kinross Charitable Trust	20,000	
Sir James Knott Trust	4,000	
Sir James & Lady Scott Trust	1,400	
Zurich Community Trust	1,300	
Individual & Misc Donations	658	
Gift Aid	139	
		57,807

b) Acorn House project

ACT Foundation	10,000
Baily Thomas Charitable Fund	25,000
Barbour Trust	5,000
Bendrigg Ball	5,771
Bernard Sunley Foundation	20,000
Bradbury Foundation	100,000
C&J Clark Foundation	15,000
Cumbria Community Foundation	4,500
Fidelity UK Foundation	20,000
Foyle Foundation	25,000
Masonic Charitable Foundation	39,989
Frieda Scott Charitable Trust	50,000
Garfield Weston Foundation	75,000
Green Hall Foundation	4,000
Hedley Foundation	10,000
John Cutforth Charitable Trust	1,000

Bendrigg Trust
Company Limited By Guarantee
Year ended 31st December 2016

Grants & Donations

Jonathan Towler Memorial Foundation	250	
Lakeland Disability Support	10,000	
Leathersellers Company	35,000	
Mary Kinross Charitable Trust	200,000	
Michael Shanley Charitable Trust	3,000	
Adrian Swire Charitable Trust	2,500	
Sir John Fisher Foundation	20,000	
Sobell Foundation	10,000	
Sylvia Adams Charitable Trust	20,000	
Sylvia Waddilove Foundation UK	5,000	
The Grace Trust	1,000	
Wolfson Foundation	35,000	
Individual Donor	1,000	
Great North Run 2016	6,135	
		759,145
c) Staffing grants		
Apprentices		
Clark Bradbury Trust	1,000	
Invited Guest Trust	9,060	
		10,060
Bendrigg Alternative		
Mary Kinross Charitable Trust	14,800	
Fundraising & Marketing Officer		**14,800**
Mary Kinross Charitable Trust	30,000	
		30,000
		54,860
d) Other projects		
Artist in Residence		
Creative Futures Cumbria	4,000	
Ceilidh & Auction of promises	1,437	
Arty Pants	155	
Crowdfunding Campaign	2,915	
Bay Vets	255	
Gift Aid	495	
		9,257
Local Clubs		
Lakes Leisure	2,500	
Misc	10	
		2,510
Spirit of Adventure		
Cross Bay Walk 2017	3,520	
Jeremy Willson Charitable Trust	1,200	
Ulverscroft Foundation	2,000	
Whirlwind Charitable Trust	5,000	

Bendrigg Trust
Company Limited By Guarantee
Year ended 31st December 2016

Grants & Donations

Individual Donations	605	
PayPal Giving	544	
		12,869

Specialist equipment

Bay Summer of Difference	250	
In celebration – Wadey/Hendry wedding	361	
Joseph Strong Frazer trust	2,000	
Lupton Tower Trust	608	
Moto in the Community Trust	4,410	
Percy Bilton Charity	5,554	
Yorkshire Building Soc. Charitable Fdn.	500	
Misc donations	1,440	
Gift Aid	16	
		15,139

Aiming High Field

Cumbria Community Fdn Flood Resilience	4,750	
Gannett Foundation	6,100	
Cumbria County Council	980	
		11,830

Minibus

Morrisons Foundation	15,000	
Lords Taverners – gift in kind	30,000	
		45,000
		96,605

e) **Donations - unrestricted to general fund**

Individuals

Bendrigg Supporters Club	7,122	
Other individuals	46,286	
		53,408

Grants

ALA Green Charitable Trust	10,000	
Bendrigg Support Trust	20,000	
Bryan Lancasters Trust	300	
Homelands Charitable Trust	2,000	
Madeline Mabey Trust	1,000	
Marsh Christian Trust	350	
		33,650

Corporate & Organisational Sponsors

Arnold Greenwood	1,295	
Castle Fire	250	
Chesters by the River	500	
Bendrigg Buddies	1,336	

Bendrigg Trust
Company Limited By Guarantee
Year ended 31st December 2016

Grants & Donations

Grange over Sands Rotary Club	250	
Kirkby Lonsdale Bowling Club	265	
Parsons	300	
TSB	300	
United Utilities	1,489	
White Stuff	4,364	
Misc	1,649	
		11,998
Fundraising Events		
Bendrigg Fete & 10k	3,489	
Bridge Event	510	
Dales & Lakes Historic Vehicle Day	1,500	
Emma Fulwood – event	330	
Great North Run 2015	1,066	
Hyde Harrington Golf Outing	683	
Reeling Event	1,337	
RideLondon 2016	8,700	
Total Warrior 2016	1,393	
Misc	1,134	
		20,142
Gift Aid		
Gift Aid	4,156	
		4,156
		123,354

Gifts in Kind

We would like to thank the individuals, businesses and charities that have supported us throughout the year with gifts in kind including:

Lords' Taverners – accessible minibus
Bradshaw Taylor – items of outdoor clothing
Various Individuals – purchasing items from our Amazon Wishlist
British Heart Foundation – defibrillator

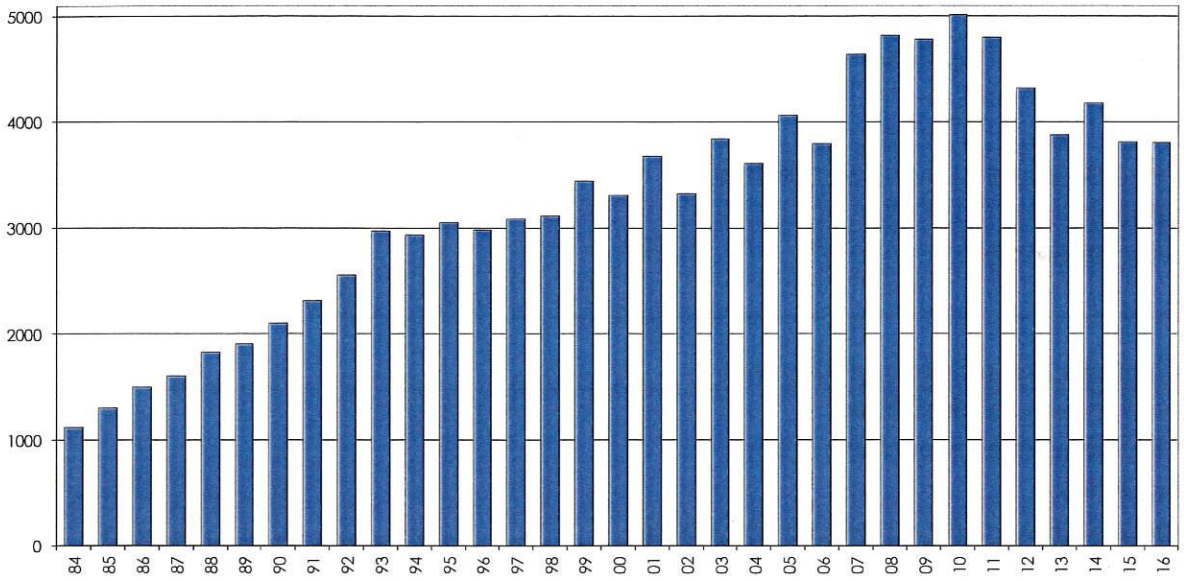
Bendrigg Trust
Company Limited By Guarantee
Year ended 31st December 2016
Statistics

Year	2016	2015	2014	2013
Bed nights				
Groups in Bendrigg Lodge	5,940	6,439	6,197	6,504
Groups in Oakwood	1,303	1,675	1,504	1,426
Fell End	1,116	1,435	1,275	1,334
Spirit of Adventure & D of E Expeditions	157	259	179	239
Volunteers	412	441	482	499
Bendrigg Alternative	129	72	117	132
Total	**9,057**	**10,321**	**9,754**	**10,134**
% bed nights inc. accompanying staff				
Physical or sensory disabilities	23	26	22	20
Learning disabilities & complex needs	53	50	57	56
Mental illness	0	0	0	0
Disadvantaged, youth & community groups	4	6	1	2
Bendrigg Alternative, youth at risk and emotional & behavioural difficulties	4	1	2	2
Consultancy, taster weekends & misc	12	13	1	15
Work parties & volunteers	4	4	5	5
Total	**100**	**100**	**100**	**100**
Number of participants				
Clients	2,587	2,646	3,057	2,658
Leaders	1,045	986	953	1,041
Volunteers	136	154	136	145
Bendrigg Alternative	34	28	34	33
Total	**3,802**	**3,814**	**4,180**	**3,877**
Other statistics				
No. of groups resident (Lodge, Oakwood & Expedition)	145	175	145	143
No. of groups resident (Fell End bunkhouse)	60	69	65	64
% bed-nights self-catering	16	17	16	13
Number of day activity groups	67	28	45	31
Number of Wheelchair users	243	220	202	228
Average group size	17	15	19	17
Average group length of stay (not including Fell End)	3.2	2.7	2.3	3

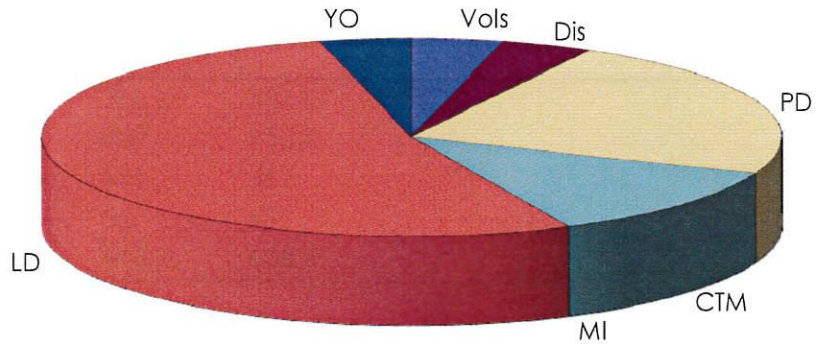
Bendrigg Trust
Company Limited By Guarantee
Year ended 31st December 2016

Statistics

Bendrigg Trust Participants 1984- 2016



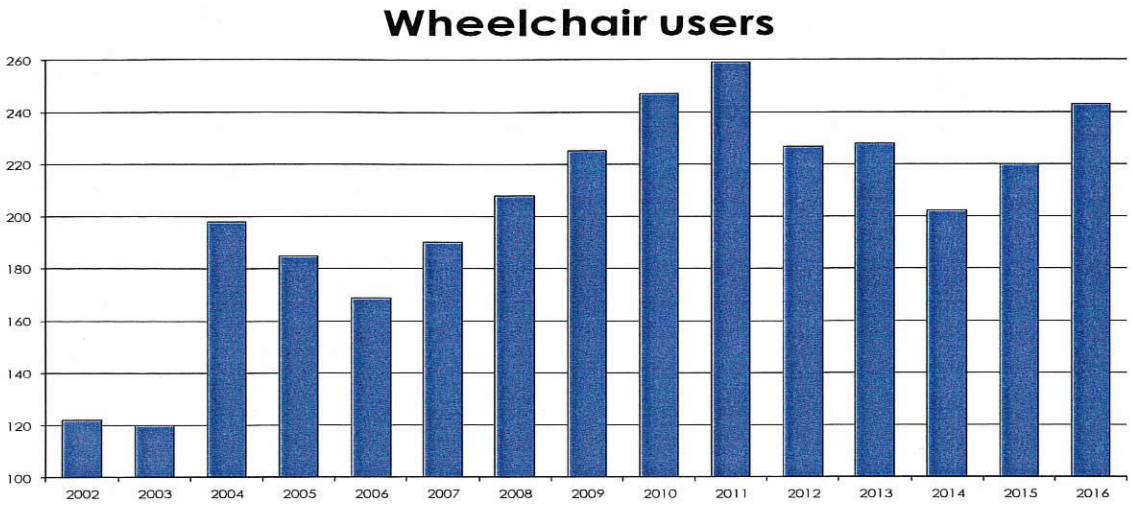
Bendrigg User Groups - 2016



Key: Dis – Disadvantaged; LD - Learning & multiple disabilities; MI - Mental illness; CTM – Consultancy, taster & misc. courses; YO - Young offenders, youth at risk; PD - Physical disability; Vols - Volunteers, student placements & work experience

Bendrigg Trust
Company Limited By Guarantee
Year ended 31st December 2016

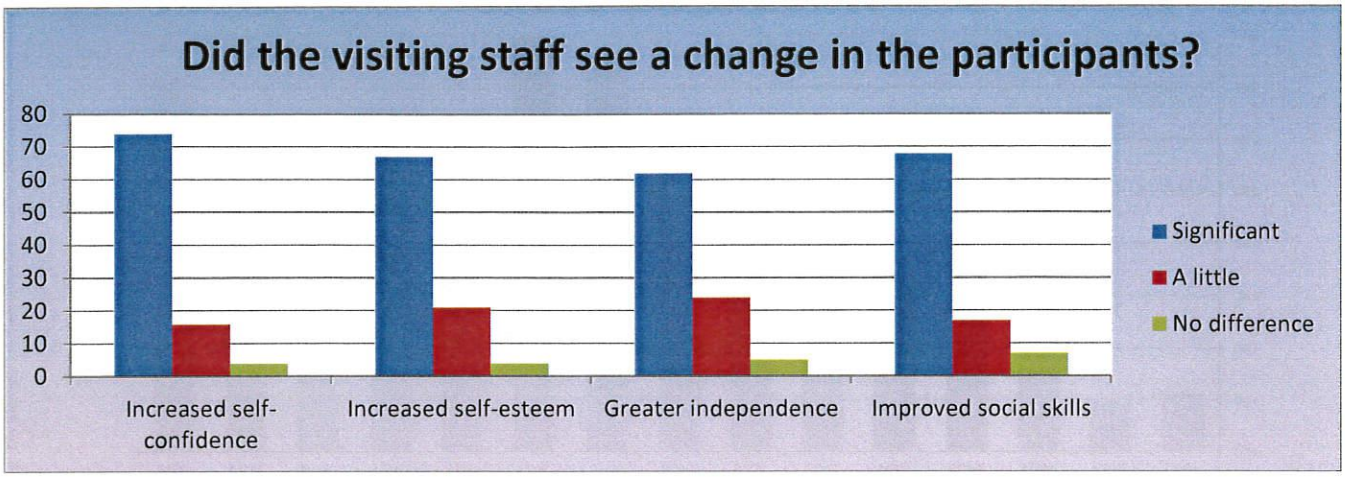
Statistics

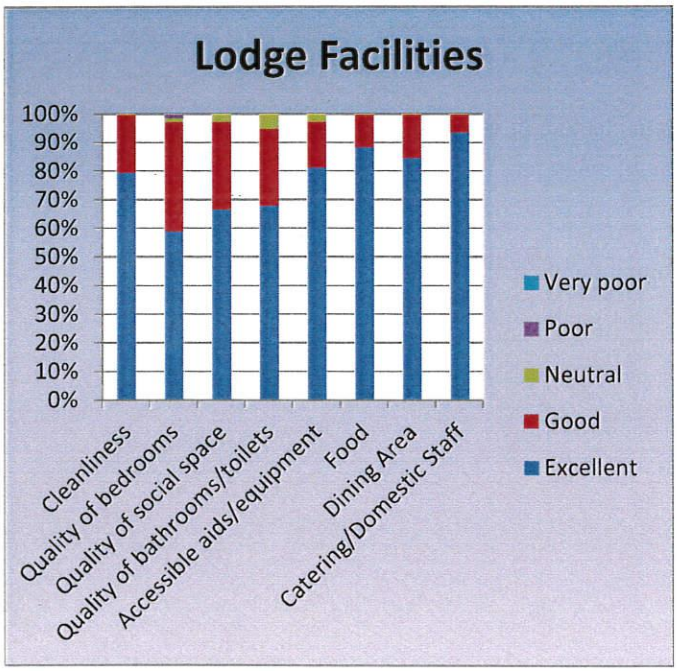


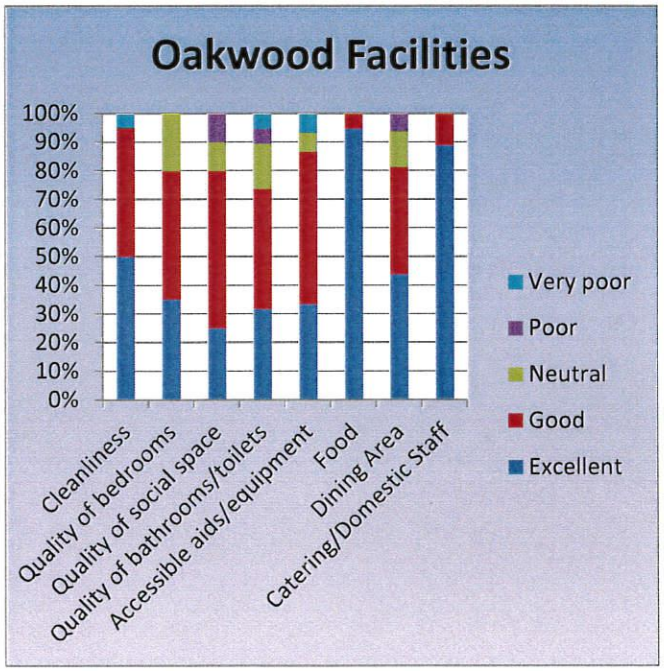
Bendrigg Trust
Company Limited By Guarantee
Year ended 31st December 2016

Statistics

Visitor Feedback in 2016

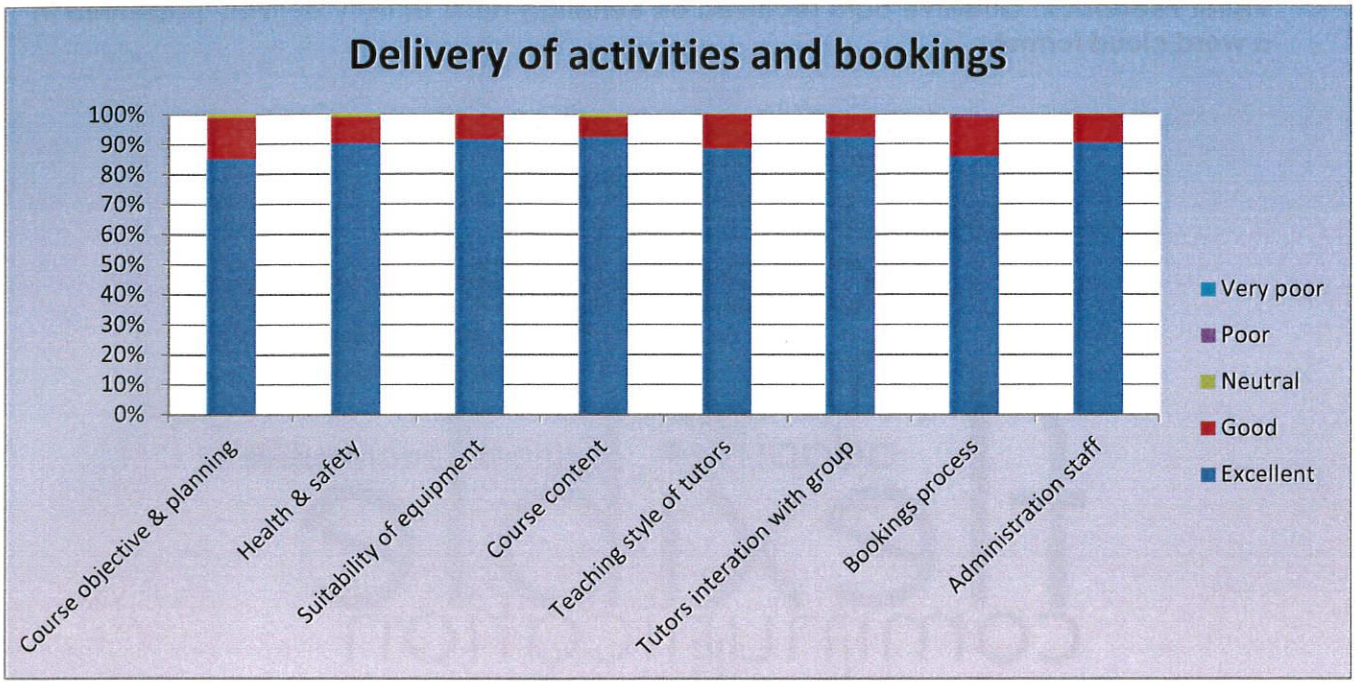






Bendrigg Trust
Company Limited By Guarantee
Year ended 31st December 2016

Statistics



Bendrigg Trust
Company Limited By Guarantee
Year ended 31st December 2016

Statistics

Visitor Feedback: Qualitive data received on Bendrigg Trusts activity delivery presented in a word cloud format

Visitor Feedback: Qualitive data received on Bendrigg Trusts facilities presented in a word cloud format

Bendrigg Trust
Company Limited By Guarantee
Year ended 31st December 2016
Statistics

Analysis of Statistics

Introduction

The statistics and graphs shown on pages 40 to 44 give an accurate picture of the use of our facilities during 2016 both for residential use and for day activities. The statistics are shown to give comparisons with previous years. Trends in particular areas are explained as follows:

People with a physical disability: The percentage of visitors with a physical disability remains roughly the same as in the previous few years.

People with a learning disability, multiple disabilities and complex needs: This continues to be our largest area of work. The number of visitors in this area comprise just over half our total number of visitors.

People with mental illness: We have continued to encourage groups of people with, or recovering from, a mental illness to enjoy the benefits of a residential at Bendrigg. However, during 2016, we were again not able to find any groups in this category and even with a 50% subsidy from our sponsorship fund, is still insufficient for them to afford to visit Bendrigg.

Disadvantaged groups: The percentage of groups in this category in 2016 has decreased slightly. We are hoping this will grow when our Acorn House facilities are fully open.

Young people 'at risk' and children with emotional & behavioural difficulties: This continues to constitute a small percentage of our overall bednights. However, it is still a very important part of our work. The Bendrigg Alternative programme in 2016 saw another group of successful placements and further details about this programme are given on page 10 of this report.

Consultancy, 'taster' and miscellaneous courses: We continue to provide a consultancy service to mainstream organisations by running Disability Awareness courses as they strive to improve access and provision for people with disabilities. 'Taster' weekends continue to be our most effective form of marketing to potential new customers. This category also includes a number of groups who do not fit into any other area, many of them using our bunkhouse at Fell End.

Other statistics

Self-catering: The percentage of groups in 2016 requesting self-catering and self-programmed courses is similar to previous year's figures and mainly comprise groups staying at our Fell End bunkhouse.

Wheelchair users: As a percentage of total visitors, the number of wheelchair users increased slightly again in 2016. However, it is worth noting that an increasing number of potential beneficiaries were not able to attend this year as our wheelchair accessible rooms were already booked and our current Oakwood annexe is not suitable for their

Statistics

needs. We are confident that this figure will increase again in the coming years as the facilities in Acorn House become available from May 2017.

Bendrigg Trust
Company Limited By Guarantee
Year ended 31st December 2016
Staff list

Principal	Trevor Clarke
Senior Tutor	Nick Liley
Bursar	Gill Smith
Bookings Administrator	Jo Winchester
Fundraising & Marketing Officer	Sarah Garman
Tutor	Rex Pickles
Tutor	Mel Vause
Tutor	Lee Ritchie
Tutor	Liz Barlow
Tutor	Steve Jarvis
Tutor	Craig Walmsley
Tutor	Vicky Whibley
Tutor	Ed Hayton (Jan 1st- 28th Feb)
Tutor – DofE Award Co-ordinator	Jenny Brindle
Tutor	Liz Dyke
Tutor	Gemma Hendry
Tutor – Spirit of Adventure project	Jill Corso
Trainee Tutor	Rhod Vaughan
Trainee Tutor	Martin Cudworth
Artist in Residence	Emily Jackson
Bendrigg Alternative Project Co-ordinator	Lynne Irish
Disability Advisor & Volunteer Co-ordinator	Sue Murphy
Maintenance	Len Smith (Jan 1st – 28th Feb)
Site Supervisor	Ed Hayton (from 1st March)
Senior Cook	Libby Thompson
Cook	Val Sykes
Cook	Carolyn Barker
Housekeeper	Christine Nelson
Housekeeper	Jennifer Hughes
Housekeeper	Vincent Harper

A full list of staff qualifications is available on request

Enquiries and Bookings
A visit to Bendrigg Lodge, Oakwood or Fell End provides tremendous opportunities for personal and group development. Programmes are bespoke to suit your requirements.

Voluntary helpers are always welcome throughout the year. Students seeking work experience can be accepted as placements, and young people taking part in the Duke of Edinburgh's Award or John Muir Award are also welcome.

The Bendrigg Trust welcomes visitors to look around and view the facilities. Day visits can be arranged by telephone.
For further information please contact:

The Principal
Bendrigg Trust
Bendrigg Lodge
Old Hutton
Kendal
Cumbria LA8 0NR

phone: **01539 723766**
fax: **01539 722446**
e-mail: **office@bendrigg.org.uk**
website: **bendrigg.org.uk**
facebook: **/bendriggtrust**
twitter: **@bendriggtrust**

Support Bendrigg

Your details

Full name: _____

Home Address: _____

_____ Postcode (vital for gift Aid): _____

Email: _____ Date: _____

☐ I would like to set up a regular donation and have completed the mandate below

☐ I would like to make a one-off donation and enclose cash/cheque (payable to Bendrigg Trust) for: £_____

Boost your donation by 25p of Gift Aid for every £1 you donate

☐ I want to Gift Aid my donation and any donations I make in the future

By ticking the box above I am confirming that I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference. I will notify Bendrigg Trust if I: want to cancel this declaration; change my name or home address; no longer pay sufficient tax on my income and/or capital gains.

Thank you for making a donation and giving life-changing opportunities to disabled and disadvantaged people through Bendrigg Trust

Standing order Mandate

To: The Manager

Name and Address of your Bank/Building Society:

_____

Postcode: _____ Until further notice please pay the sum of: £____

(in words also) _____

☐ Monthly ☐ Quarterly ☐ Annually Date of first payment: _____

To: NatWest, 10 Elephant Yard, Kendal LA9 4LZ
For the credit of: **Bendrigg Trust**
Sort code: 01-04-66
Account No: 75964007
Payment Reference e.g. Surname: _____
(This will appear on Bendrigg's bank statements to more easily identify your donations)

Account to be debited: _____

Account number: _____ Sort code: _____

Signature: _____ Date: _____

☐ I would like to receive an annual report

☐ I would like to receive a monthly e-newsletter (please supply email address above)

Please return your completed form to the address below

Registered Office: Bendrigg Lodge, Old Hutton, Kendal LA8 0NR